

## CORPORATE VOLUNTEER OPPORTUNITIES

FEAST invites you to host your next corporate retreat day or company gathering with us!

Every Wednesday, FEAST volunteers come together to package over 1000 lbs of fruits and vegetables for over 70 program participants, their family members, and local community members.

Corporate groups of up to 20 can support FEAST in making our distribution day possible through setup and breakdown, sorting of produce, and packaging produce bags.



## THE DETAILS

- Date & Time: Wednesdays from 9:30 am to 12pm
- Location: Community Room at Mercado la Paloma 3655 S Grand Ave Los Angeles, CA 90007



- Capacity: We can accommodate up to 20 volunteers.
- Dress Code: Comfortable clothes and close-toed shoes.

FEAST asks our corporate groups to support our work by making a minimum donation of:

Groups of 10 or less: \$1000
 Groups of 11 to 20: \$2000

This donation covers the extra coordination efforts of our staff to accommodate these experiences. <u>Additional sponsorship opportunities</u> <u>are available</u>.

Contact **programs@feastforall.org** to set up your event or get more information.

## WHY VOLUNTEER?

Those that volunteer report experiencing improvements in their mood, stress levels and overall health while also feeling a renewed sense of purpose.<sup>(1)</sup>



64% of employees who volunteer saγ volunteering with



93% of employees
who volunteer are
somewhat or very
satisfied with their
employer.<sup>(3)</sup>

(1) <u>Conecomm.com</u>, (2) <u>unitedhealthgroup.com</u>, (3)goodnet.org

their coworkers strengthened work relationships.<sup>(2)</sup>

